

## CERTIFICATE **OF PARTICIPATION**

This is to certify that

## **Richard Carmichael**

Has successfully participated & completed the

8km Adventure Included: Modderfontein Trail Run

held at Modderfontein Reserve.

## **TIME** 00:53:35

**PACE** 06:40/km OVERALL 20 of 56

**GENDER** 14 of 23 **OPEN** 7 of 10

outLime

28 April 2019, Sun

Date